



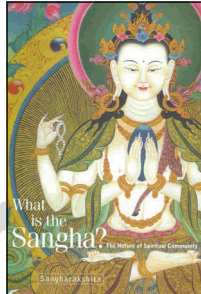
## MITRA STUDY

### Study texts for the new mitra study course

#### What is the Sangha?

By Sangharakshita

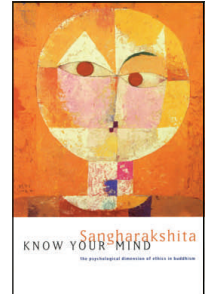
An exploration of the nature of the spiritual community, considering its place in society as well as its meaning for the individual.



#### Know your Mind

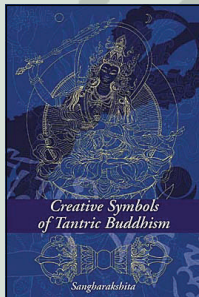
By Sangharakshita

A clear and accessible introduction to the psychology of the *Abhidharma* which explores the nature of mind and how it functions.



#### Creative Symbols of Tantric Buddhism

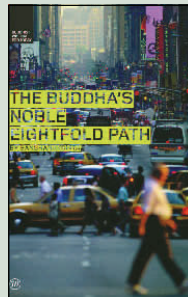
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An illustrated introduction to the rich symbolism of the Tantric tradition with chapters on archetypal figures, ritual objects and offerings.

#### The Buddha's Noble Eightfold Path

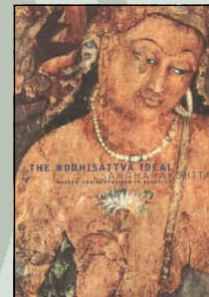
By Sangharakshita



This introduction to the Buddha's essential and most widely known teachings takes the reader deeper while remaining practical, inspiring and accessible.

#### The Bodhisattva Ideal

By Sangharakshita



A study of *Bodhisattvas*, skilful beings beloved of the Mahayana tradition, who are dedicated to the attainment of Enlightenment for the benefit of all.

#### The Inconceivable Emancipation

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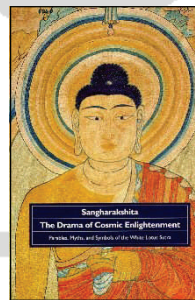
A commentary of the *Vimalakirti-Nirdesa*, an ancient Mahayana Buddhist scripture which has greatly influenced Zen and Tibetan traditions.



#### The Drama of Cosmic Enlightenment

By Sangharakshita

This illustrated commentary of the *White Lotus Sutra* shows, through helpful question and answer sections after each chapter, how its myths and parables relate to modern life.



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